

Living made easy

part of shaw trust

Over 50 years of advice from
The Disabled Living Foundation



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The Disabled Living Foundation (DLF) was founded in 1969 by Lady Hamilton, during the same period which Lord Morris of Manchester put forward his revolutionary Chronically Sick and Disabled Person's bill.

In 2014 DLF became part of Shaw Trust. Shaw Trust is one of the nation's largest charities, and has prospered DLF to broaden its offerings, as well as channelling all our resources and advice through a variety of programmes.

To learn more about DLF's history, visit our website www.livingmadeeasy.org.uk

As one of the earliest organisations to acknowledge the numerous challenges faced by disabled individuals, Living Made Easy has been unafraid to address the often overlooked or stigmatised aspects surrounding disabilities. This charity takes pride in posing tough questions on behalf of the disabled community, and providing support for individuals of all backgrounds who are seeking guidance, empowerment and community for themselves or who they are caring for.



AskSARA

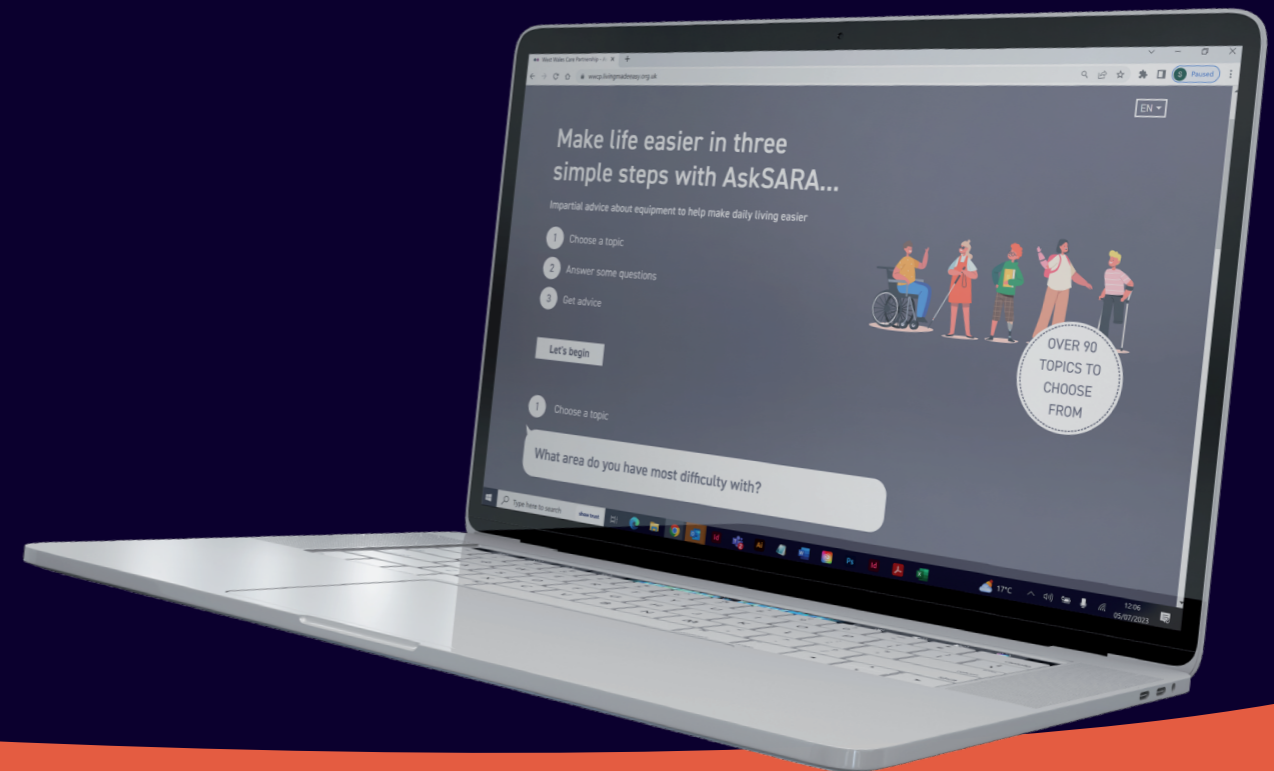
Self Assessment Rapid Access

AskSARA is a tool developed to assist individuals with disabilities in finding solutions to daily challenges.

By linking to our database, users can complete a self-assessment that includes a series of questions related to daily living. Based on their responses, a personalised report is generated that provides advice, hints, tips, and recommendations for assistive technology solutions and local support services.

AskSARA licenses are available for purchase for local councils, large charities, and other organisations to provide free assistance to their constituents, employees, or beneficiaries.

Additionally, training is also available to licensees, including face-to-face or online presentations to external and internal stakeholders, as well as residents and beneficiaries as part of the launch process.



DLF Database of Assistive Technology and Daily Living Aids

The days of sifting through thick catalogues with assistive technology and daily living aids are long gone.

Our extensive expertise, acquired over more than 50 years of servicing the disabled community in the UK, is now available online.

As of 2023, our online database of daily living aids and assistive technology is the largest collection of products in Europe and has become a reliable and respected source of industry knowledge that is constantly being updated by a dedicated team.

Our free, online database empowers users to select from over 10,000 products and choose from over 1,000 manufacturers giving the user full control.

Product selection guides

- Free advice to users who may feel uncertain about choosing assistive technology
- Created in collaboration with seasoned occupational therapists
- Assistance in decision-making when selecting a product

Premium listing

Manufacturers and retailers can increase traffic to their products and websites by opting for premium listings. Unlike regular listings that only display the name of organisation and the offered price in a simple box, some of the features are:

- Coloured logos
- Display associated trade bodies
- Enhance credibility as a reliable supplier
- Result in a doubled click-through rate

Vendor portal

Retailers and manufacturers can create a vendor portal account, which allows them to manage their listings by adding or removing them and updating their details to ensure accuracy. The order in which their listings appear is based on the last time they updated, so it is encouraged to log in frequently as a result in higher placement on the list.

Benefits

The advantages of the database extend beyond end-users to include both manufacturers and retailers. Living Made Easy uploads products and their corresponding information, supplied directly by the manufacturers, onto the website. Retailers who stock the products are then able to add pricing, details and links to their own website's product page at no cost. This feature not only promotes website traffic but also benefits both manufacturers and retailers.



Services and training to support young people's wellbeing

We believe that the future of young people depends on them being well. Never before has wellbeing been more crucial to our lives and livelihoods. We offer comprehensive support for the various aspects of wellbeing, encompassing both personal and professional development.

At Living Made Easy we aim to break down barriers to accessing services, so that young people feel able to take the first steps in fulfilling their full potential – mentally, physically, emotionally and socially. We support young people in creating better futures and achieving positive outcomes, on their journey to wellness.

Health and Wellbeing practitioners – Our children and young people's health and wellbeing practitioners offer bespoke and person-centred support and guidance to individuals, young people's services, organisations, and professionals. Our practitioners can support with mental, physical, emotional, educational, and social wellbeing needs. By building resilience and engagement, empowering young people is at the heart of what we do. Let us take your wellbeing needs into our hands and be part of your future wellness.

Training and Workshops – We have a wide range of CPD accredited training courses applicable to both professionals and young people, such as Youth and Adult Mental Health Awareness, Trauma Informed Care, Mental Health Awareness and Resilience Training. With over two decades of expert experience in providing courses, we can also offer bespoke workshops training to meet your needs.

Reflective Practice – Enhance staff resilience by providing reflective practice sessions led by a qualified clinical practitioner. These sessions will encourage staff to reflect on their experiences and develop coping mechanisms for handling challenges.

Training

For more than two decades, Living Made Easy has been providing accredited Career Development Professional (CPD) courses to the health and social care sector.

As a founding member of the trusted assessor framework, Living Made Easy is a leading industry expert in training professionals who provide care and assessment. We provide the following courses:

- Trusted Assessor, levels 1-4
- Trusted Assessor Refresher
- People Handling
- People Handling Refresher
- All Wales manual handling passport

These courses are designed to facilitate the delivery of quality, person-centred care within the framework of best practices. We specialise in practical, hands-on training scenarios that incorporate a broad range of equipment to support personalised independent living objectives.

In addition, we provide other related courses, including:


- Mental Health first aid to support young people
- Mental Health first aid to support adults
- Mental Health refresher
- Resilience training for managers
- Resilience training for staff
- Trauma informed care
- Boost your confidence adults
- Neurodiversity
- Level two award in peer mentoring

We also offer bespoke training to meet your needs.

Contact us

If you are interested in listing your products on our website or want to know more about our offerings, you can contact us at:


 livingmadeeasy.org.uk

 0300 123 3084, Mon-Fri, 9am-5pm


 lme-enquiries@shaw-trust.org.uk

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